

HOW TO WASH YOUR HANDS IN 7 STEPS



STEP 1

Wet your hands using clean, running water



Apply soap and rub your palms together

STEP 2

STEP 3

Spread soap lather to the back of your hands



Rub the back of fingers of both hands

STEP 4

STEP 5

Clean thumbs



Rinse hands with water

STEP 6

STEP 7

Dry hands a clean with towel



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